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University of San Diego Swimming & Diving Media Guide 1989-1990

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1989-90 Swimming & Diving Guide



Seniors

*Mary Hawblitzel, Shelley Otto,
and Debbie Poirot*

Torera Athletics:

"A Quiet Tradition of Excellence"

USD Head Coach Gary Becker



Gary Becker has been involved in collegiate swimming since 1970. During those nineteen years, he has coached men's and women's swimming at all three divisions of the NCAA. Over the years, Gary's philosophy has been one of helping swimmers to improve — both in and out of the water. He feels that athletics is a pro-

ving ground for physical challenges, as well as personal, psychological, and social challenges.

In the past, Gary Becker has coached novice, high school, USS, National and All-American swimmers. In addition to coaching the women's team at USD, Gary runs a highly respected summer competitive swim camp and is the intramural director at the school.

Gary is married and has two children—one boy and one girl. He has been a coach for over twenty seasons. Prior to his coaching career, Gary was an outstanding high school and collegiate swimmer and water polo player.

Assistant Coach Steve Tucker

Assistant Coach **Steve Tucker** begins his second year as an assistant to Head Coach Gary Becker. Once again, he will assist Coach Becker with the swimmers. A 1971 graduate of Virginia Tech with a Master's Degree from San Diego State, Steve has enjoyed much success coaching at the youth, high school, and collegiate levels. Formerly an age group coach at the Heartland Swim Association, Steve has produced several swimmers who have reached the Top 16 nationally. His team won the local Junior Olympics competition six times. He and his wife, Donna, have two children, Ryan and Brenna. They reside in the San Carlos area of San Diego.

Assistant Coach Shane Fitzmaurice

Assistant Coach **Shane Fitzmaurice** begins his first year as an assistant coach with the Toreras. He will have primary responsibility of working with the team's corps of divers. A graduate of San Diego State with a degree in English Literature, the New York native has been diving competitively for twenty years. He has extensive coaching experience at sports camps, high schools and colleges. His philosophy is to let his charges "work hard but have fun". He is single and lives in the Tierrasanta section of San Diego.

Swim Season Outlook

The University of San Diego women's swim team is in its eleventh year of competition, the last six as members of NCAA Division I. During these eleven years, Head Coach Gary Becker has produced four Division II All-Americans. Without a doubt, the swim program at USD stresses quality as well as competitiveness.

The 1989-1990 edition of the Toreras will, for the most part, be a young and highly talented squad. The team will be composed of 18 swimmers and four divers. Of the 22 members of the team, only three are seniors and two are juniors. The remaining are either sophomores or freshmen.

The Toreras appear to be strongest in backstroke and breaststroke events. The backstrokers are led by senior



Bottom row (seated l to r):

Susan Torrey, Sarah Mrachek, Misa Adams, Jenni Allmaras, Sandi Van Heertum, Colleen Cassity.

Middle row (l to r): Nora Settimi, Shelley Otto, Debbie Poirot, Mary Bergen.

Top row (l to r): Asst. Coach Steve Tucker, Jennifer Witt, Robin Scott, Abby Curnow, Sarah Metzger, Eileen Murphy, Mary Hawblitzel, Cassie Paulson, Kelly McCaffrey, Tracy Childs, Head Coach Gary Becker.

1989-90 USD Women's Swimming Roster

Name	Yr.	Ht.	Stroke	Hometown/High School
Misa Adams	So	5'4"	Free/Fly	Mitakashi Japan/American School
Jennifer Allmaras	So	5'2"	Free	Indio CA/Indio
Mary Bergen	So	5'5"	Free/Brest/Fly	La Canada CA/La Canda
Colleen Cassity	So	5'6"	Breast/IM	Huntington Beach CA/Edison
Tracie Childs	Fr	5'6"	IM/Back/Breast	Beaverton OR/Beaverton
Abby Curnow	Fr	5'5"	Diver	Laramie WY/Laramie
Karen Danahy	Jr	5'7"	Free/Fly	Scottsdale AZ/Xavier
Mary Hawblitzel	Sr	5'7"	Free/Back	Camarillo CA/Santa Clara
Kelly McCaffrey	So	5'6"	Free/Fly	Eugene OR/North Eugene
Sarah Metzger	Fr	5'9"	Fly/Breast/Free	Santa Monica CA/Marymount
Sarah Mrachek	Fr	5'6"	Diver	Excelsior MN/Minnetonka
Shelley Otto	Sr	5'8"	Free/Back	Seattle WA/Shorecrest
Kristin Parker	So	5'5"	Diver	Grand Junction CO/Grand Junction
Cassie Paulson	So	5'9"	Free	Hastings MN/Hastings
Debbie Poirot	Sr	5'5"	Free/Fly	Evergreen CO/Evergreen
Robin Scott	Fr	5'6"	Free/IM	Placentia CA/EI Dorado
Nora Settimi	Fr	5'6"	Breast/IM/Free	Brookfield WI/Brookfield East
Debbie Vidosic	Fr	5'7"	Diver	Springfield VA/Robert E. Lee
Susan Torrey	Fr	5'5"	Free/Fly	Lake Oswego OR/Lake Oswego
Sandi Van Heertum	Fr	5'7"	Free/IM	Bonita CA/Bonita Vista
Jennifer Witt	So	5'7"	Breast/Free/Back	Santa Rosa CA/Ursuline
Head Coach: Gary Becker			Asst. Coach (Swimming): Steve Tucker	Asst. Coach (Divers): Shane Fitzmaurice

team captain **Shelley Otto**. Otto is the USD record holder at both 100 and 200 yards as well as the 50 and 100 freestyle. Sophomore **Mary Bergen**, last year's outstanding freshman swimmer, returns to anchor the breaststrokers.

With a field of seven swimmers—its largest contingent ever, the Toreras should be strong in the distance events. Leading the way will be outstanding freshman **Susan Torrey**. Susan is strong in all freestyle events from 200 yards to 1,650 yards. She is also expected to be a factor in the 200 yard butterfly.

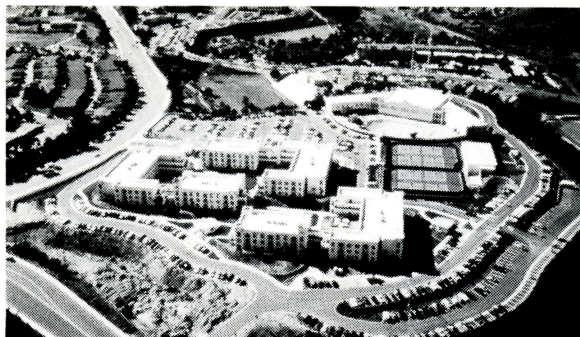
Freshman **Tracy Childs** will be the Toreras' stalwart in the medley events. Equally adept at all strokes, she is strongest in the 200 IM event. She will be looked upon to provide the team points in both 200 yard breaststroke and 200 yard backstroke.

The diving chores belong to three freshmen and a sophomore. In **Abby Curnow**, **Sarah Mrachek**, **Deb-**

bie Vidosic and sophomore **Kristin Parker**, the Toreras will be deeper in this event than in recent years. The quartet should be a contributor in each meet.

The schedule facing the Toreras is, indeed, a tough one. Included in that schedule are perennial Division I top ten team, USC; Division II's top '88-'89 team, Cal State Northridge; and last season's number two Division III squad, UC San Diego. Also consistently tough are defending Pacific Collegiate Swim Conference champion Northern Arizona, Pepperdine University, and top Division III contender, Pomona-Pitzer. Gary Becker feels that this schedule will help to push his young team to faster times and overall team improvement.

The Toreras look to make giant strides in '89-'90. With a young, but talented squad, expected important leadership from three seniors, and depth at most events, the Toreras look to be competitive in each meet. The '89-'90 season could, indeed, be a season to remember.



UNIVERSITY PROFILE

The University of San Diego is an independent, Catholic university located on a 170-acre mesa overlooking Mission Bay, San Diego Harbor, and the Pacific Ocean. The campus is named Alcalá Park after the Spanish university town where St. Didacus (i.e., Diego) spent much of his time.

Complementing its splendid natural setting is the University's location just 10 minutes from downtown San Diego — conveniently close to the major business, cultural, residential, and recreational areas, as well as the rail, bus and air terminals.

Founded in 1949, USD is presently experiencing record attendance. Undergraduate enrollment stands at 3,800, graduate students bring the overall campus enrollment to 5,800.

The University includes a College of Arts and Sciences, and Schools of Business Administration, Education, Nursing, and Law. Each is characterized by high academic standards, small classes, and excellent student-faculty relations.

Though the majority of students come from the West Coast, every region of the United States is well-represented on campus. Students also attend USD from 24 foreign countries.

In women's intercollegiate sports, USD fields programs in basketball, cross-country, crew, softball, swimming, tennis and volleyball.

UNIVERSITY FACTS

LOCATION:	Alcalá Park, San Diego, CA 92110
ENROLLMENT:	5,800
FOUNDED:	1949
AFFILIATION:	NCAA Division I
CONFERENCE:	Pacific Collegiate Swim
PRESIDENT:	Dr. Author E. Hughes
ATHLETIC DIRECTOR:	Tom Iannacone
ASST. ATHLETIC DIRECTOR:	Dan Young
DIR. OF ATHLETIC DEVELOPMENT:	S. Scott Barnes
ATHLETIC TRAINER:	Carolyn Greer, M.A., A.T.C.
S.I.D.:	Ted Gosen
ASST. S.I.D.:	John O. Rollo
HEAD COACH:	Gary Becker
ASSISTANT COACHES:	Steve Tucker (swimming) Shane Fitzmaurice (diving)
POOL:	USD Sports Center Pool
COLORS:	Columbia Blue, Navy, White

University of San Diego Archives

1989-90 Women's Swimming Schedule

DAY, DATE	OPPONENT	TIME
Sat., Nov. 4	UC IRVINE	Noon
Sun., Nov. 12	Cal State Northridge	10:00 a.m.
Sat., Nov. 18	UC San Diego Relay Meet	10:00 a.m.
Sat., Dec. 2	Northern Arizona	7:00 p.m.
Mon., Jan 15	FRESNO STATE	Noon
Fri., Jan 19	Cal State San Bernardino, Redlands, UC Riverside	3:00 p.m.
Fri., Jan 26	Pomona-Pitzer	3:00 p.m.
Sat., Jan 27	Pepperdine	Noon
Sat., Feb 3	USC/UC SAN DIEGO	Noon
Sat., Feb 10	Cal State San Bernardino	Noon
Wed., Feb 21	Pacific Collegiate Conf. (Cerritos)	All Day
Thu., Feb 22	Pacific Collegiate Conf. (Cerritos)	All Day
Fri., Feb 23	Pacific Collegiate Conf. (Cerritos)	All Day
Sat., Feb 24	Pacific Collegiate Conf. (Cerritos)	All Day

All home matches are in **bold** and **CAPS**.

Home matches are held at USD Sports Center Pool.



USD Record Holder
Shelley Otto



SCHOLARSHIP INFORMATION

The University of San Diego women's swim program distributes scholarships based on athletic ability. These are given at the discretion of Head Coach Gary Becker.

POLICY OF NON-DISCRIMINATION

The University of San Diego does not discriminate on the basis of sex, race, color, religious belief, age, national origin, ancestry, or handicap in admission to the University, in financial aid programs, in educational programs and policies, and in athletic and other University-administered programs. Inquiries concerning the application of the University's non-discrimination policies may be addressed to USD's Director of Academic Services.